



WINTER 2011 SPRING - 2012 MENU WEEK 1

<p><b><u>Monday</u></b>          Cod Goujons          Chicken Curry and Naan          Ham          Vegetarian Option: Vegetable Curry and Naan          Potato Wedges          Rice          Peas- Fresh Carrots- Fresh Salads</p>	<p>Lemon Drizzle Cake and Custard          Yoghurts          Fruit</p>
<p><b><u>Tuesday</u></b>          Spaghetti Bolognese          Pizza          Vegetarian Option: Pizza          Homemade Bread          Garlic Bread          Sweetcorn - Broccoli- Fresh Salads</p>	<p>Choc Cornflake Cake          Fromage Frais          Fresh Fruit Salad</p>
<p><b><u>Wednesday</u></b>          Chicken and Veg Pie          Fish Cake          Tuna Pasta          Vegetarian Option: Cheesey Jalcets          Mashed Potatoes          Jacket Potato          Fresh Carrots - Baked Beans - Fresh Salad</p>	<p>Choc Cupcakes          Fromage Frais          Fresh Fruit</p>
<p><b><u>Thursday</u></b>          Toad in the Hole          Pasta Neopolitan          Vegetarian Option: Quorn Suasage          Mashed Potatoes          Homemade Bread          Baked Beans - Sweetcorn - Fresh Salads</p>	<p>Apple Crumble and Custard          Fresh Fruit Salad          Yoghurts          Cheese and Crackers</p>
<p><b><u>Friday</u></b>          Roast Turkey          Cheese Whirls          Filled Wraps          Vegetarian Option: Cheese Whirls          Roast Potatoes          Mashed Potatoes          Broccoli - Fresh Carrots - Sweetcorn -Fresh Salads</p>	<p>Rice Pudding          Shortbread          Fromage Frais          Fresh Fruit</p>

Menus may be subject to change.

Fruit juice, Flavoured Milk, Milk and Water available every day.



**AUTUMN - WINTER 2011- 2012 MENU WEEK 2**

<p><b><u>Monday</u></b>          Tagliatelle Carbonara          Sausage Rolls          Cold Turkey          Vegetarian Option: Sauasage Rolls          Spaghetti Hoops          Wholemeal Bread          Broccoli - Fresh Carrots- Fresh Salads</p>	<p>Carrot Cake and Vanilla Sauce          Fresh Fruit Salad          Yoghurts</p>
<p><b><u>Tuesday</u></b>          Meatballs          Cod Goujons          Vegetarian Option: Jacket Potato          Rice          Mashed Potato          Fresh Carrots- Sweetcorn - Fresh Salads</p>	<p>Apple Crumble and Custard          Fromage Frais          Fresh Fruit Salad          Cheese and Crackers</p>
<p><b><u>Wednesday</u></b>          Cheese and Tomato Pizza          Filled Jacket Potatoes          Vegetarian Option: Cheese and Tomato          Garlic Bread          Homemade Bread          Baked Beans - Sweetcorn - Fresh Salads</p>	<p>Choc Krispie Cake          Fresh Fruit          Yoghurts</p>
<p><b><u>Thursday</u></b>          Shepherds Pie          Breaded Cod          Cold Ham          Vegetarian Option: Cheesey Jackets          Potato Wedges          Mashed Potatoes          Carrots - Peas -Baked Beans- Fresh salads</p>	<p>Sultana Cookies          Yoghurts          Fresh Fruit</p>
<p><b><u>Friday</u></b>          Roast Turkey          Salmon and Tuna Pasta Bake          Filled Wraps          Vegetarian Option Pasta Bake          Roast Potatoes          Mashed Potatoes          Broccoli - Fresh Carrots- Sweetcorn - Fresh Salad</p>	<p>Banana Loaf and Custard          Fromage Frais          Fresh Fruit</p>



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**AUTUMN - WINTER 2011 - 2012 MENU WEEK 3**

<p><b><u>Monday</u></b>          Chicken Curry          Naan Bread          Organic Fish Cake          Ham Slices          Vegetarian Option: Vegetable Korma          Mashed Potatoes          Rice          Peas-Carrots - Fresh Salads</p>	<p>Bakewell Tart and Custard          Fresh Fruit          Fromage Frais</p>
<p><b><u>Tuesday</u></b>          Spaghetti Bolognese          Cheese Flan          Tuna Pasta Salad          Vegetarian Option: Cheese Flan          Homemade Bread          Jacket Potatoes          Baked Beans - Broccoli - Fresh Salads</p>	<p>Flapjack          Yoghurts          Fresh Fruit Salad</p>
<p><b><u>Wednesday</u></b>          Pizza          Jacket Potato and Fillings          Vegetarian Option: Pizza          Homemade          Potato Wedges          Baked Beans - Carrots- Fresh Salads</p>	<p>Cupcakes          Fresh Fruit          Yoghurts</p>
<p><b><u>Thursday</u></b>          Lasagne          Breaded Cod Fillet          Cold Turkey          Vegetarian Option: Vegetable Lasagne          Chips          Garlic Bread          Carrots - Peas Sweetcorn-Fresh Salads</p>	<p>Apple Crumble and Custard          Fromage Frais          Fresh Fruit Salad</p>
<p><b><u>Friday</u></b>          Roast Turkey          Fish Pie          Filled Wraps          Vegetarian Option: Filled Wraps          Roast Potatoes          Mashed Potatoes          Fresh Carrots - Broccoli - Sweetcorn          Fresh Salads</p>	<p>Rice Pudding          Shortbread          Fresh Fruit          Yoghurts</p>

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